



CODE OF CONDUCT GYM AREA

- **All procedures, regulations & guidelines set in place in Clann Fitness to be followed & adhered to in relation to Covid-19. These will be updated accordingly in line with government announcements.**
- **Users must use the booking system in place in order to book their time in Clannlife Fitness, Terms & Conditions plus Covid screening form must be agreed to in order to complete your booking.**
- **Under 16's are not allowed in the gym.**
- **No mobile phones, cameras, laptops or any recording equipment allowed in the gym.**
- **No food, chewing gum, hot drinks, or glass allowed in the Gym with the exception of water in plastic water bottles.**
- **All users must complete a screening form before participating in exercise in the gym.**
- **Appropriate workout attire including trainers must be worn in the gym.**
- **If you become or feel unwell during your workout, please inform a fitness instructor or member of staff.**
- **If you are unsure how to use a piece of gym equipment, please ask a fitness instructor.**
- **All equipment must be wiped down with disinfectant and paper towels provided & paper towels disposed of in the bins provided. Staff will then sanitise equipment using Handheld Sanispray**
- **Please return all free weights to the correct dedicated place after use.**
- **Users must not interfere with TVs or music as set up by Clannlife Fitness.**