

## SWIMMING POOL TIMETABLE

TIMES & DAYS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
6:30AM								
7AM								
8AM								
9AM	Aquafit 09:00AM - 09:45AM		Aquafit 09:00AM - 09:45AM		Aquafit 09:00AM - 09:45AM			
10AM		Babies & Toddlers 10:00AM - 12:00PM	School Swimming 10:30AM - 12:30PM	Babies & Toddlers 10:00AM - 12:00PM		Babies & Toddlers 09:00AM - 12:00PM	Babies & Toddlers 09:00AM - 1:00PM	
11AM	Adult Swimming Lessons 11:00AM - 1:00PM							
12PM								
1PM			Active Elderly Aqua 1:00PM - 1:45PM				Sensory Swim Time 1:15PM - 2:45PM	
2PM	Children Swimming Lessons  2:50PM - 7:00PM  (Pool Is Still Open To Members / Guests, Check Notice Below)							
3PM								
4PM								
5PM								
6PM								
7PM								
8PM						Aquafit 7:30PM - 8:15PM	Adult Swimming Lessons 7:00PM - 9:00PM	Aquafit 7:30PM - 8:15PM
9PM								
9:30PM								

SWIMMING POOL CLOSING 15 MINUTES PRIOR TO LEISURE CLUB CLOSING TIME. MONDAY TO THURSDAY 9:30PM. FRIDAY 8:30PM. WEEKENDS & BANK HOLIDAY 7:30PM

NO POOL ACTIVITIES ON SCHOOL HOLIDAYS. THIS TIMETABLE IS SUBJECT TO CHANGE AT MANAGER'S DISCRETION. DURING ALL STRUCTURED ACTIVITIES IN THE POOL, THE SAUNA, STEAM ROOM, HYDROTHERAPY AREA & A SECTION OF THE POOL ARE STILL AVAILABLE TO MEMBERS & GUESTS. PLEASE NOTE THIS IS NOT A COMPETITION POOL AND A SWIM LANE IS NOT ALWAYS AVAILABLE FOR MEMBERS.

POOL IS ALWAYS OPEN.  
PLEASE READ TIMETABLE CAREFULLY AS IT IS  
SUBJECT TO CHANGE.

FOR FULL POOL SWIMMING LANE  
POLICY PLEASE VISIT OUR  
WEBSITE.

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